



REGIONE AUTONOMA DELLA SARDEGNA
 ASSESSORATO AL TURISMO
 ASSESSORATO ALLO SPORT



COMUNE DI OLBIA

SARDEGNA



30TH MEDITERRANEAN KARATE CHAMPIONSHIPS

CADETS/JUNIORES/SENIORES

20/21/22 SEPTEMBER 2024



OLBIA-SARDINIA

Italy





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1. WELCOME MESSAGE

Welcome message of WKF President Antonio Espinos

The Mediterranean Karate Championships have become an example of the excellence of Karate and a symbol of unity of the Karate community in the region, showcasing the skill,

determination, and sporting spirit of athletes from this highly influential area for our sport. This year's event holds special significance as we gather to celebrate the spirit of Karate in the heart of Sardinia.



Reflecting on the success of the previous edition held in Tunis, where over 400 athletes from 17 countries converged to compete at the highest level, it is evident that the Mediterranean Karate Championships have grown into a prestigious platform for athletes to showcase their abilities. Our sincere gratitude goes to the Mediterranean Karate Federation, under the presidency of Bechir Cherif, and General Secretary Andreas Vasileiou, for their unwavering dedication to the organization of this event. I would also like to extend heartfelt thanks to the Italian Karate Federation and the President of the Karate sector, Davide Benetello, for hosting this prestigious event. Italy's rich history in Karate and its commitment to fostering the growth of our sport make it a fitting host for this year's Championships.

May the Mediterranean Karate Championships 2024 be a resounding success, leaving an indelible mark on the history of our beloved sport.

Best of luck to all the participants and organisers and a big "Oss" to all of you Karate fans.

Antonio Espinós Ortueta

WKF President



2. Welcome message of MKFU President Bechir Cherif

Let me first express my joy to be in Olbia City, Sardinia, a city full of Mediterranean spirit. This the first time that we will organize the Mediterranean Karate Championships in Sardinia and we are very keen to be there!

I would like to thank the president Davide Benetello and all the members of the executive committee of the Italian Karate federation for their effort in hosting the Mediterranean Karate Federations Union's championships between 20-22 September 2024. Their hard work and commitment will guarantee the success of the championships since their experience in organizing WKF official events has been proven outstanding.

Let me express my sincere appreciation to President Antonio Espinos for his extensive support in the endeavors of MKFU as a stakeholder of the WKF.

The championships provide the opportunity for participants to aim for Olympic values, principles and beliefs, in a true karate ideology. The essence of karate is the perfection of the character of its participants, with a fulfillment of joy, happiness and satisfaction. Our aim is to offer such a productive championship that is going to last in the memory of all participants for life.

Having the feeling of fair play in your hearts I wish you an extraordinary championship that will fulfill each of your ambitions and expectations during your stay in Olbia, Sardinia.



Bechir Cherif
MKFU President
WKF Executive Member



3. Greetings from Domenico Falcone

It is with great pleasure that I extend my greetings, on behalf of the Federation which I am honored to preside over, to all those who will take part in the 30th Mediterranean Karate Championships, to be held in the welcoming city of Olbia from September 20th to 22nd.



Under the auspices of the World Karate Federation, the splendid land of Sardinia proudly hosts the Great Karate with a high-level competition involving athletes from the most prestigious nations in our discipline, who will engage in a spectacular competition.

First and foremost, I extend my greetings to the President of WKF, Antonio Espinòs, who, through this competition, reaffirms his confidence and esteem towards our Federation. I greet the Athletes, Coaches, Referees, Officials, Executives, Medical Staff, Media Representatives, and the enthusiastic Audience who will give substance and context to an event of the highest technical quality.

I greet and thank the city authorities, the Mayor of Olbia, the Department of Tourism, and the Department of Sports of the Region of Sardinia for their support, the civil and military sports authorities, and the Executives of the Italian sports world who are present here. I thank and greet the Staff of the Organizing Committee and the Regional Karate Committee FIJLKAM, for the great logistical work carried out with professionalism and dedication.

I also want to thank the families and the audience who will animate the stands of the welcoming venue of the Geopalace in Olbia, who, with their involvement and enthusiasm, make it possible for the Athletes to fully experience their sporting journey with serenity, and for us to enjoy the special atmosphere of this important sports event. I sincerely wish those present at these 30th Mediterranean Karate Championships to experience the excitement of the thrilling competitions with passion, and for the Athletes, the protagonists in the competition, to achieve their best successes by competing with determination and fairness.

In conclusion, I wish everyone to enjoy this great sports event, confident that these Championships will be a special opportunity to speak with respect and passion about Karate sport in Italy and around the world.

Domenico Falcone
President of FIJLKAM



4. Greetings from Davide Benetello

It is with great pleasure and immense pride that I welcome all of you to the magnificent Island of Sardegna and the City of Olbia and for this extraordinary karate event.

As President of the Karate Sector of FIJLKAM (Italian Judo, Wrestling, Karate Federation) and Member of the WKF Executive Committee, I am honored to host an event of primary importance for the Mediterranean Region here in Italy. Heartfelt thanks to the President of the World Karate Federation Antonio Espinos, the President of the Mediterranean Karate Federation Bechir Cherif and the General Secretary Andreas Vasileiou for the trust granted to the Italian Federation and to the local organizing committee politically chaired by the President Karate Sardinia Sergio Setzu.



The Mediterranean Karate Federation has its origins as early as 1986, the Italian Giuseppe Pellicone was the President from 1997 to 2011 then appointed, thanks to his passion dedication of Karate, as Honorary President.

The Mediterranean Federation today shines thanks to the participation of so many Nations that overlook this splendid Mediterranean basin and will meet next September in this splendid island. Welcome to all the National Representatives, Athletes, Referees and simple enthusiasts, welcome to the splendid Sardinia, an island full of history and civilization that will offer all participants an experience to be remembered for a lifetime.

TIKIL: This is Karate I Like!

Davide Benetello
FIJLKAM – President of Karate Sector
WKF Executive Member



5. Greetings from Olbia Mayor

It is a great honour

For us to welcome in our city this important sporting event, based for the first time in Sardinia.

Olbia perfectly reflects the Mediterranean spirit, so we are very glad that our territory has been chosen as location for the Championship: the landscape, the sea, and all the nature are unique here.

Characteristics that, we are sure, will help to transmit to the participants an energy that can hardly be found elsewhere.

Our wish is that this energy will have a positive impact to all the athletes, reinforcing the philosophy behind karate: respect for others, self-control, humility and perseverance, teachings that go well beyond training, effecting every-day life and fostering personal growth.

Therefore, we would like to thank you all those are working, in various ways, to the success of the event: World President WKF Antonio Espinos and President MKFU Bechir Cherif; for Fijlkam, President Domenico Falcone, President of karate section Davide Benetello and Responsible for karate sector, Master Sergio Setzu; and, last but not least, Maria Tagliaferro, President Asd Aton Club Karate Olbia.



Settimo Nizzi
Mayor Of Olbia



6. INTRODUCTION

The Mediterranean Karate Federation Union, also referred to as "MKFU", is a permanent organization with a legal status founded in the 3rd November 1986 and is composed of the official National Karate Federations of every Country in the Mediterranean basin affiliated to the Continental Unions of Africa, Asia and Europe. The MKFU is a member of the World Karate Federation - WKF and the International Committee of the Mediterranean Games - ICMG

The Mediterranean Karate Federations' Union Championships provide the opportunity for participants to aim for Olympic values, strive for excellence and personal development. The UFMK/MKFU has the aim of promoting, organizing, regulating and popularizing the sport of the Karate in every Country of the Mediterranean basin, of protecting the physical and mental health of the Athletes, of contributing to the development of friendly relations among the National Federations and of defending the interests of Karate throughout the world.

7. OLBIA



The city of Olbia faces more than 20 islets of the Gulf and is protected by Mount Limbara. The natural beauty of these unspoilt places is rare. Uninhabited and idyllic islands on one side, granite rocks rich in Mediterranean scrub on the other. The city is the main point of passage for moving around North Sardinia. Modern and ancient at the same time, it will offer you an unforgettable stay. Albeit being a small city, Olbia, in the Gallura region of Sardinia, is home to one of the most important harbors in Italy, and for a good reason: it's a place rich in history, traditions, activities and is literally the gate to the internationally famous Costa Smeralda. Thanks to its location, it has always been a city bustling with life. However, the city started to grow and become a staple of tourism in Sardinia since the foundation of Costa Smeralda in 1962. From then on, hotels and holiday resorts have increased and improved exponentially, making for a huge part of Olbia's economy. If you happen to have some free



time when visiting the area; if the weather isn't great for a day at the beach; or if you simply want to do more than just visiting a few beaches, you should choose to spend at least a whole day in Olbia. There really are plenty of things to see and do, from museums to the nearby nuraghe, from some unique churches to a Ferris wheel.





8. BEACH GAMES

Beach Karate 2024 Arzachena, September 20, 2024

As part of the major World Karate event, featuring the 30th Mediterranean Championship, Sardinia will host, against the stunning backdrop of Riva Azzurra beach in Cannigione (Arzachena), the international exhibition of BEACH KARATE KATA.

The organization is handled by the Mediterranean Karate Federations, the local organizer Team Karate Arzachena.

On 2 designated areas on the sand, the world's best Kata athletes from the nations participating in the Mediterranean Championship will compete. The competition will kick off on the afternoon of Friday, September 20, and will continue until sunset. Framing this significant event, starting from the morning, is the crystal-clear sea of the Costa Smeralda, the extraordinary hospitality of the hosting city, with refreshment points and entertainment, enhancing the typical products and traditions of the area.





9. COMPETITION CATEGORY BEACH GAMES

9.1. Categories

Senior

- KATA INDIVIDUAL M+F

10. COMPETITION CATEGORY MEDITERRANEO

10.1. Categories

CADET

- KATA INDIVIDUAL M+F
- KUMITE MALE -52, -57, -63, -70, +70 KG
- KUMITE FEMALE -47, -54, -61, +61 KG

JUNIOR

- KATA INDIVIDUAL M+F
- KUMITE MALE -55, -61, -68, -76, +76 KG
- KUMITE FEMALE -48, -53, -59, -66, +66 KG

SENIOR

- KATA INDIVIDUAL M+F over 18
- KUMITE MALE -60, -67, -75, -84, +84 KG
- KUMITE FEMALE -50, -55, -61, -68, +68 KG

TEAM

- TEAM KATA FOR U18 CADET MALE, FEMALE (14,15,16,17 YEARS OLD)
- TEAM KATA FOR OVER18 SENIOR MALE, FEMALE (16+ YEARS OLD)
- TEAM KUMITE FOR U16 CADET MALE, FEMALE – 3 PLAYERS
- TEAM KUMITE FOR U18 JUNIOR MALE, FEMALE – 3 PLAYERS
- TEAM KUMITE FOR OVER 18 SENIOR MALE, FEMALE – 5 PLAYERS

10.2. Prizes

- Medals for all positions 1st, 2nd, 3rd, 3rd in individual categories
- Cups for all team events and medals for all athletes in team events (kata, kumite) Coaches receive also a medal in team events (kata, kumite)



11. CONTACTS INFORMATION

11.1. Italian Karate Federation

Official Italian Karate Federation

FIJLKAM

Federazione Italiana Judo Lotta Karate Arti Marziali

Via Dei Sandolini, 79 – 00122 Ostia Lido (ROMA)

Tel +39 06 56434513 Fax +39 06 56434801

karate.internazionale@fijlkam.it web <https://fijlkam.it>



Mr. Marco SCARAMUZZA

President of the Organizing Commission Karate Fijlkam
marco@studioscaramuzza.net



Mrs. Manuela Dettures

FIJLKAM Karate Secretariat
Tel +39 06 56434513 Fax +39 06 56434801
karate.internazionale@fijlkam.it

11.2. Local Organizing Committee

ATON CLUB KARATE

Via Ogliastro 13/a, 07026 Olbia (SS)

M.o Sergio Setzu

Tel +39 3477906926

atonclubkarate@gmail.com



Mr. Sergio Setzu

President of the LOC



Mrs. Katy CONTINI

Reception Manager



Mr. Marco CUCCIA

Reception Manager Beach Games
Tel +39 06 3313763297



Mr. Efisio MELE

Organization Manager



Mr. Alioska MANCOSU

Press Office Marketing MANAGER

11.3. Official Agency - Accommodations for Official Hotels & Transfers



Mrs. Barbara MÜLLER

+39 3792118136

mediterraneankarateolbia2024@gmail.com

11.4. MKFU Event Supervisor contact

Bechir Cherif

Email : cherif.bechir55@gmail.com / Phone : [+216.96.469.906](tel:+216.96.469.906)

12. Safe Sport contact

MKFU events must be safe for all athletes and participants and entirely free from any form of no accidental violence, namely, harassment and abuse. Any such behavior will not be tolerated. If you or someone you know has been the victim of abuse or harassment in Karate, get help and report it.

Your first point of contact for any incident at this event is the MKFU Event Supervisor, whose contact



information you can find detailed above.

Otherwise, any other incident can be reported via the WKF Official Complaint Form and sent to:

safekarate@wkf.net

13. WKF APPROVED PROTECTIONS, KARATEGIS & TATAMIS

The MKFU championships complies with the highest level of presentation. In order to guarantee the correct delivery of the event, and to ensure the suitable quality of the tournament, exclusively the following brands are WKF Approved for use in the 2024.

SPORT PROTECTIONS “WKF Approved”

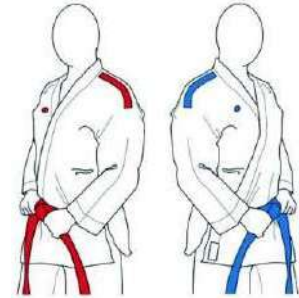


*Click on the logos



OFFICIAL KARATEGI MKFU

Kumite and Kata karategis with the brand name embroidered on the shoulders in RED or BLUE are NOT of mandatory use in MKFU championships, but they can be used.



The authorized companies to use these karategis models are:

ADIDAS

ARAWAZA

BESTSPORT

BUDO-NORD

DAEDO

HAYASHI

PUNOK

SHUREIDO

SMAI

TOKAIDO

WACOKU

WESING

BLITZ

FIGHT ART

FUJIMAE

HAYATE

HIROTA

IPON

ITAKI

KAITEN

KAMIKAZE

KIHON

KO

KWON

MIZUNO

MOOTO

MUVON

NAGASHI

SFJAM NORIS

TOKYODO

*Click on the logos



DISTRIBUTORS ASSISTANCE “WKF Approved”

Click on the image to visit the distributors by countries.



TATAMIS “WKF Approved”



*Click on the logos



14. REGISTRATION, SEMINARS, CONGRESS, PRESS CONFERENCE, DRAWS

Friday 20/09/2024		
REGISTRATION		
9:00 - 12:00	MEDITERRANEAN KARATE CHAMPIONSHIP AND BEACH GAMES Registration for Delegations <ul style="list-style-type: none">• Waiver, Passport & Accreditation Check• System Check (Sportdata)• Accreditation Cards• Athlete Weigh-in	HQ Hotel Baia Aranzos
10:00 - 12:00	Referee Seminar and Exams	HQ Hotel Baia Aranzos
10:00 – 11:00	Executive Committee Meeting	HQ Hotel Baia Aranzos
11:00 - 12:00	Congress	HQ Hotel Baia Aranzos
12:30 - 13:00	Press Conference	HQ Hotel Baia Aranzos



15. COMPETITION PROGRAM

Friday 20/09/2024	
Day & Time	BEACH GAMES – RIVA AZZURRA BEACH
15:00 - 20:30	ELIMINATION & REPECHAGES: <ul style="list-style-type: none">• individual kata senior +16 Male & Female
Saturday 21/09/2024	
Day & Time	MEDITERRANEAN KARATE CHAMPIONSHIP - GEOPALACE
09:00-20:00	ELIMINATION & REPECHAGES: <ul style="list-style-type: none">• individual kata junior Male & Female• team kata U18 Male & Female• individual kumite cadets & junior Male & Female OPENING CEREMONY FINALS
Sunday 22/09/2024	
Day & Time	MEDITERRANEAN KARATE CHAMPIONSHIP - GEOPALACE
09:00-17:00	ELIMINATION & REPECHAGES: <ul style="list-style-type: none">• Individual Kata cadet & Senior Male & Female• Team Kata over18 Male & Female• Individual kumite Senior Male & Female• Team Kumite All Category Male & Female. FINALS CLOSE CEREMONY

*The detailed competition schedule will be fixed after closing the online registration in order to adequate it to the final number of athletes.

16. ONLINE REGISTRATION & OFFICIAL ACCREDITATION

No onsite registration will be accepted. The registration will be validated once completed the onsite payment.

In case of any questions concerning the online registration please directly contact the Sportdata software team via the email address:

office@sportdata.org

Federations are responsible for the quality of the entered registration data.



16.1. REGISTRATION ATHLETE

All competitor registrations must be made ONLINE:

16.2. REGISTRATION REFEREE

All referee registrations must be made ONLINE:

16.3. REGISTRATION COACH

All coach registrations must be made ONLINE

The registration starts two (2) months prior to the event.

Changes of online registration data are possible until the end of the online registration period.

17. OFFICIAL ACCREDITATION

At registration, accreditation cards will be issued with the participants' main data, a photograph and information about registered categories. The accreditation card must be always worn during the event.

Only members of national federations recognized by WKF are admitted participating, following the registration procedures.

All participants must submit an official document (passport or other valid ID card) for the WKF identification and validation at the accreditation session.

The accreditation of any competitor must be done by the athlete or the athlete's coach, in person bringing the athlete passport or other valid ID at the accreditation session.

The competitor who has not collected, either personally or through his/her coach the accreditation during the official registration, will not be included in the draw.

The official weighing will take place during the registration session.

Each national federation can register FOUR (4) athlete sand TWO (2) teams in each category.

Please note that all participants have to show their passports at the registration session.

17.1. Technical Support for Online Registration



17.2. Entry Fee

- Registration is €30 per athlete per category and €60 for each team.
- €30 for each referee participating in the referee seminar & exams.
- Succeeding to the referee exams will receive an MKFU badge which is €20 cost.
- Annual country membership fee is €300 and must be paid during the registration to MKFU treasurer.
- If changes are required during the official registration session, because of incorrect or missing registration data, a fee of € 20 is charged for each change.

17.3. Payment

All payments must be processed at the registration to the treasurer of MKFU.

18. MEDIA

Press accreditation can only be given to professional journalists working for a media and having proof of their credentials.

Media professionals can register to request press accreditations through the online registration form.

19. COMPETITION VENUE





20. TICKET FOR SPECTATORS

Entrance to the event is FREE.

21. OFFICIAL HOTELS

21.1. Official hotels

Hotel Resort Voi Colonna Village

Immersed in wonderful typically Mediterranean vegetation, facing the splendid **Golfo Aranci**, **VOI Colonna Village** is an elegant **4-star** resort overlooking one of the most popular coastal stretches of **Sardinia**, in the north-west of the island.

Located in a privileged position on a hill, from here you can enjoy a breathtaking panorama that opens onto the entire bay: an exciting view of places that the whole world envies us and of which you can be lucky spectators. Along the coast, a succession of enchanting beaches and coves, with very fine white sand and a dream sea.

Landscapes that recall famous Caribbean and tropical locations, in a modern context which will welcome you according to the principles of **True Italian Hospitality**.



Hotel Luna Lughente

Luna Lughente is 1.5 km from the beaches in Pittulongu and 5 km from Olbia city centre. Its swimming pool and garden offer panoramic views of the Gulf of Olbia.

Rooms have a minimalist design with Mediterranean-style décor and free WiFi. They provide air conditioning, satellite TV and a minibar. Some have a terrace and sea views.



The property offers free Wi-Fi in its spacious lobby, which features wood-beamed ceilings and large windows.

The restaurant serves Mediterranean cuisine with fresh fish and homemade pasta. Cocktails, drinks and ice creams can be enjoyed at the sea-view bar.

Olbia Costa Smeralda Airport is a 10-minute drive away. The beaches of Porto Cervo and Golfo Pevero are 30 km away.

During the bathing season, on the nearby Pittulongu beach, the Luna Lughente beach club (a private area equipped with sunbeds and umbrellas) is available for a fee.



Hotel Baia Aranzos

Recently renovated, the Baia Aranzos Hotel boasts an amazing location: it overlooks the gorgeous Sos Aranzos Bay, and it is the perfect starting point to explore the Gallura region and Northern Sardinia.

The Baia Aranzos offers all the necessary services to spend a relaxing holiday by the sea. The hotel is located only 350 m from the sea and features 2 swimming pools, one of which for children, and a restaurant that offers B&B, HB and FB options to cater the needs of every guest.





21.2. Hotels Prices

PRICES PER DAY PER PERSON Only Break fast				
HOTELS	SINGLE	DOUBLE	TRIPLE	Meal
HQ Hotel Baia Aranzos	100 €	75 €	60 €	30 €
Hotel Resort Voi Colonna Village	100 €	75 €	60 €	30 €
Hotel Luna Lughente	100 €	75 €	70 €	35 €

21.3. Official travel Agency and transport service

The transportation of the teams from the hotels to the sport hall and vice versa will be provided free.

Accommodation is limited and reservations will be confirmed on a first come first serve basis. After the deadline prices may increase and the agency cannot guarantee that the desired accommodation will still be available.

Sig. Barbara Müller
+39 3792118136

mediterraneankarateolbia2024@gmail.com

21.4. Airport transfer rates

- Olbia Airport – Official Hotels 10 € per person
- Official Hotels - Olbia Airport 10 € per person

21.5. Meals at the Venue

Meals for Competitors will be available in the venue. You can pre-order meals.



22. REQUIRED DOCUMENTS

MANDATORY DOCUMENTS TO BE SUBMITTED AT THE OFFICIAL ACCREDITATION

On registration day all participants must submit one of the following Waivers printed:

- a) NF/Team Representative & Team List
- b) Individual +18 years old
- c) Individual - 18 years old (Parental Consent required)



23. Anti-Doping

As a participant in karate, it is your responsibility to follow the WKF Anti-Doping Rules. Click the hereto take an Anti-Doping Education & Learning Course and learn more about your responsibilities and visit our website. For a few hours, you help keep karate a clean sport.

Course Recommendations International-level
Athletes Education High Performance Coach
Education Medical Professionals Education
Parents of Elite Athletes Education



24. Visa requirements

In order to assist you in obtaining Visas to enter Italy, you must send us by August 20th, 2024 to karate.internazionale@fijlkam.it the enclosed "Visa Application Form" duly filled with all requested information and a copy of the passport of each member of your delegation.

Please note that CONI (Italian National Olympic Committee) can send the letter to the Italian Consular Authorities in your Country ONLY for people with the function of Athletes, Coach, Head Delegation, Referee (in short, with a role sport into the asking delegation, not for parents, accompanying persons or journalist) and ONLY if the required information is complete.

In case a specific invitation letter is needed, please ONLY ONCE YOU HAVE COMPLETED YOUR ONLINE REGISTRATION, contact the:

Italian Karate Federation FIJLKAM, Secretariat Office by email:

Karate.Internazionale@fijlkam.it Tel +390656434513, Fax +390656434801,



Ministry of Foreign Affairs, general information, link: <https://vistoperitalia.esteri.it/home/en>

PLEASE RETURN THIS APPLICATION BEFORE 20 AUGUST 2024
(fill on letterhead of requesting National Sports Federation / Club)

VISA APPLICATION FORM

FEDERATION / CLUB

N.	Family Name	Name	Date of birth	Passport N°	Issue date	Expiration date	Function HD - HEAD DELEGATION C - COACH A - ATHLETE R - REFEREE
1							
2							
3							
4							
5							
6							
7							
8							
9							
10							
11							

Costs related to travel, health care and accommodation are charged to applicants who provide directly to their reservations. The stay in Italy is confirmed and paid at the Hotel: _____

Address _____

Please, enclose hotel booking confirmation

The period of stay in Italy is as follow: arrival date _____ / departure date _____

Please, enclose flight plan - round-trip tickets purchased

We will apply for visas at Italian Embassy in: (Contry / City) _____

Please also attach a COPY OF THE PASSPORT

Date: _____ Signature: _____

Please return this Application to: karate.internazionale@fijklkam.it

(National Sports Federation /
Club STAMP)



25. GENERAL INFORMATION

25.1. Opening Hours (Shop/Pharmacies)

EU and non-EU citizens (if entitled to assisted health care in EU countries) traveling in Italy with the required certificate (European Health Insurance Card or a provisional replacement certificate) may obtain services required directly, free of charge – excepting the payment of an eventual co-pay (called ticket)– at a public hospital or facility covered in private agreement with the National Health Service.

Non-EU citizens coming from countries not covered by the agreement are provided with health services that must be paid for in accordance with the relative scale of charges.

Italian's residents abroad. To Italian citizens, members of AIRE (Registry of Italians living abroad), having the status of emigrant and / or holding a social security pension paid by the Italian Welfare System, who return temporarily to Italy and have no insurance coverage, public or private, are granted, the emergency hospital services free of charge for a maximum period of 90 days per year.

For further information, consult the website for the Ministry of Health.

25.2. Emergencies

In order to guarantee safe holidays to all the tourists all through the summer, all the emergency service of the Local Health Unit ULSS10, operating together with the 118-centre, is enforced with manpower.

S.U.E.M.: The Territorial Health Urgency and Emergency Service: it is active 24 hours a day and it is activated by dialing the emergency phone number 118. The call is free, even from mobile.

The operation center evaluates the gravity of the situation and, if it's necessary, takes action, in connection with hospitals and ambulancies.

25.3. Currency

Currency: The National Currency of ITALY is Euro (€)

Banks: All Banks offer currency Exchange and cash advances on major credit card.

Most banks open from 9:00 to 14:00 h on weekdays.

25.4. Electricity

Electricity Power: The plugs are in accordance with the European standard system of round pins. 220V/ 50Hz

25.5. Language

The official language of Italy is Italian. Organizers will also speak English.

25.6. Time

Time Zone: UTC +1

25.7. Weather



Weather: +15° / +22° C. in October.

25.8. Insurance

In compliance with WKF Rules, it is obligatory for all the participants and members of the participating delegations have their own medical and personal trip insurance.

The Italian Karate Federation and the World Karate Federation as well as the Organizing Committee assume no liability or responsibility for the lack of insurance from participants and members of the delegations.

The head of the delegations must sign the enclosed terms of responsibility and return it by October 1st, 2024, the latest.

25.9. Transports in the city

The primary forms of public transport are the Italy metro, underground, bus, tram, trolleybus, bicycle, scooter, taxis, and boats.

25.10. Transports Hotel-Venue

All Athletes and Coaches registered for the competition and who have hotel reservations in the Official Hotels are granted a free transfer between the Hotel and the Venue.

25.11. Important Phone Numbers

To call Italy from abroad you must dial the international code [00], followed by the Italian country code 39

Medical Emergency Calls: 118

Police: 113

Fire Department: 115

26. OMISSION

As regards that the specific items are not expressly foreseen in the present bulletin reference is to be made to the general rules and guidelines contained in WKF Regulations.



MEDITERRANEAN KARATE
FEDERATIONS UNION